MANIFESTO

THE ONLY CAUSE

Thirty-five declarations on Mind

YUSSEF NESME M. — 2026

FIRST MOVEMENT

THE CAUSE

1

Mind is the only Cause, substance, and power. All that is visible is manifestation or effect — never source.

2

Humanity's only error is mistaking effect for cause. Every other error is that same one, dressed in particular cases.

3

Behind every event resides a mental cause. Nothing arrives by chance; everything arrives by consequence.

4

Perfection is not built or attained: it is discovered. It always was and is there.

5

Your faculties are immortal and incorruptible. Power cannot be increased — only understood.

6

Time belongs to error. The real does not last: it is.

SECOND MOVEMENT

ALIGNMENT

7

There is no neutral thought. Every thought points somewhere and carries a feeling. The question is never whether it has force — it is where it points.

8

Man does not lack power: his thoughts contradict one another and cancel out. He believes in health in the morning and in sickness by evening — and his whole day adds up to zero.

9

You do not lack strength; you lack agreement with yourself. Power is not accumulated: it is ordered.

10

Perfection is not required to begin demonstrating: it is enough that the greater part of you agrees. Demonstration begins when what you know outweighs what you fear.

11

Conviction is not what you feel while reading the Truth: it is what remains standing when you close the book and the world speaks again.

12

Fear does not destroy your faculties: it disorders them. That is why tranquility is not a luxury — it is the condition for everything else.

13

He who only knows achieves nothing; he who only feels, nothing either. Every creative thought carries both — knowing and feeling — indivisible as the two poles of a magnet.

14

While you are learning, to demonstrate is work. When you understand, to demonstrate is your state: the magnet does not try to attract — it attracts because that is what it is.

15

Every visible thing is finite; the idea that sustains it has no end. Distance does not limit thought: it only measures attunement.

THIRD MOVEMENT

THE ONE DREAM

16

The dream is one; the dreamers are innumerable.

17

Whoever believes he dreams alone is wrong about the number of dreamers. Whoever believes there is no dream is wrong about what stands before him.

18

Mentalities do not touch side by side: they meet at the source. When two agree about the world, they did not come to an agreement — they are reading the same thing from two points.

19

That everyone sees the same thing inside a dream proves nothing about what lies outside the dream.

20

The conditions of the world that seem immovable are beliefs that everyone adopted until they became law. What we call impossible is, often, only what is unanimously believed.

21

The solidity of the world measures the depth of the common belief. The unity of the world reveals the unity of Mind.

22

The world we all see does not prove that something exists outside: it is the imprint that, beneath us all, Mind is one.

FOURTH MOVEMENT

SOVEREIGNTY

23

Nothing that reaches your consciousness is believed until you believe it. Everything that arrives is a proposal — never a verdict.

24

Error needs your acceptance; Truth needs only your recognition. The error offered to you is powerless without your consent; the Truth offered to you was already yours.

25

Error is foreign: it must be brought in from outside. Truth is native: it need only be discovered.

26

Error never conquers: it recruits.

27

No one can conclude for you. Not even the whole world, believing together, can believe in your place.

28

To teach is to feed another's reason. To manipulate is to replace it. That is the line, and it is not crossed.

29

To awaken is to stop signing automatically what the senses present: to stop believing them or giving them reality.

30

Cause is not guilt. Error is not your failure: it is a belief operating. It is identified, its faith is withdrawn, and you move on. Liberation is never a fight against the idea — it is ceasing to sustain it.

FIFTH MOVEMENT

THE HARVEST

31

What you alone believe ceases with you. What all humanity believes is experienced as law. That is why some burdens are released in an afternoon, and others have accompanied every generation.

32

The world's belief is not defeated head-on: it loses believers, one by one.

33

Error must be believed at every instant to remain standing. Truth needs nothing: it is not sustained — it sustains.

34

The dream can only lose dreamers; the real has nothing to lose. Victory is not a hope — it is written into the very nature of things.

35

The apocalypse is not an event or a catastrophe: it is an awakening. The end of times is the end of the error of mistaking effect for cause.

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“The understanding behind the effect,
the meaning behind objective things.”

THE SCIENCE OF MIND AS THE ONLY CAUSE